

2026 Junior Preseason Training



*Construction at Mentone Girls Secondary College - access via Balcombe Road near basketball courts

as at 18 February 2026

	Start	Days	Venue	Time	Other Details
8s boys			TBC		
9s girls	TBC	Thursday	Mentone Girls Secondary College	4.30 - 5.30pm	*runners only
9s boys			TBC		
10s girls	18-Feb	Wednesday	Mentone Girls Secondary College	4.30 - 5.30pm	*runners only
10s boys			TBC		
11s girls	17-Feb	Tuesday	Mentone Girls Secondary College	5.00 - 6.15pm	*runners only
11s boys	17-Feb	Tuesday	Beaumaris North Primary	4.30 - 5.30pm	*runners only
12s girls	18-Feb	Wednesday	Mentone Girls Secondary College	5.00 - 6.15pm	*runners only
12s boys	3-Mar	Tuesday	Beaumaris North Primary	5.30 - 6.30pm	*runners only
	19-Feb	Thursday	Beaumaris North Primary	5.30 - 6.30pm	*runners only
13s girls	18-Feb	Wednesday	Mentone Girls Secondary College	5.00 - 6.15pm	*runners only
13s boys	16-Feb	Monday	Black Rock Primary School	4.30 - 5.30pm	*runners only
	20-Feb	Friday	Black Rock Primary School	4.30 - 5.30pm	*runners only
14s girls	10-Feb	Tuesday	Mentone Girls Secondary College	5.00 - 6.30pm	*runners only
	12-Feb	Thursday	Mentone Girls Secondary College	5.00 - 6.30pm	*runners only
14s boys	24-Feb	Tuesday	Black Rock Primary School	5.30 - 6.30pm	*runners only
	20-Feb	Friday	Black Rock Primary School	5.30 - 6.30pm	*runners only
15s girls	10-Feb	Tuesday	Mentone Girls Secondary College	5.00 - 6.30pm	*runners only
	12-Feb	Thursday	Mentone Girls Secondary College	5.00 - 6.30pm	*runners only
15s boys	18-Feb	Wednesday	Sandringham Secondary College (Bluff Road)	4.30 - 5.30pm	*runners only
	20-Feb	Friday	Balcombe Park	4.30 - 5.30pm	*runners only
16s girls	19-Feb	Thursday	Mentone Girls Secondary College	5.30-6.45pm	*runners only
16s boys	16-Feb	Monday	Black Rock Primary School	5.30 - 6.30pm	*runners only
	18-Feb	Wednesday	Sandringham Secondary College (Bluff Road)	5.30 - 6.30pm	*runners only
18's girls	18-Feb	Wednesday	Mentone Girls Secondary College	5.45 - 7.00pm	*runners only
17.5s boys	10-Feb	Tuesday	50 Acres - Kingston Heath Reserve	4.45 - 6.00pm	*runners only
	12-Feb	Thursday	50 Acres - Kingston Heath Reserve	6.00 - 7.30pm	*runners only - combined training with U19's